

VEER SURENDRA SAI UNIVERSITY OF TECHNOLOGY BURLA

ବୀର ସୁରେନ୍ଦ୍ର ସାଏ ବୈଷୟିକ ବିଶ୍ୱବିଦ୍ୟାଳୟ, ବୁର୍ଲା



(A UGC Recognized State Government University by an Act of Assembly, Estd. -1956)
P.O. Engineering College, Dist: Sambalpur, Odisha, (India) -768 018
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No. VSSUT/OOR/ 327 / 2025

Dated: 29.03.2025

ADVISORY FOR STUDENTS DURING SUMMER HEAT WAVE

1. **Stay hydrated:** - Drink plenty of water throughout the day. Carry a reusable water bottle and refill it frequently.
2. **Avoid direct sunlight:** - Minimize exposure to the sun, specially when temperature are high.
3. **Wear Appropriate clothing:** - Opt for light coloured loose -fitting cotton fabrics.
4. **Recognize heat illness symptoms:** - Be aware of signs of heat of heat exhaustion or heat strike such as dizziness, headaches, nausea or rapid heartbeat. Seek medical attention, if needed.
5. **Avoid long queue during the peak heat hours.**
6. **Avoid outdoor activities when the outside temperature is high.**
7. **Use shaded pathways to go to your respective Halls of Residence.**
8. **If anyone feels uneasy, please go to the nearest cooling zone identified within the University.**
9. **If medical assistance is required, please contact the following persons:**
 1. Prof. Rakesh Roshan Dash, Dean, Students Welfare, Mob-8280122184
 2. Dr. Punyapriya Mishra, Assistant, Dean Students Welfare, Mob- 9338436223
 3. Shri Pranab Kumar Purohit, Pharmacist, Mob- 8114658603
 4. Shri Sanjaya Pasayat. University Ambulance Driver, Mob-7978675433
 5. Shri Suresh Lama, Security Supervisor, SIS, Mob-8480925597

By the order of Vice-Chancellor,

REGISTRAR

Dated: 29.03.2025

Memo No: - VSSUT/OOR/ 328 / 2025

Copy to:

1. Dean/Asst. Dean, Students Welfare, Wardens, Asst. Wardens for information and necessary action. They are requested to circulate the advisory among all the students.
2. Shri. Pranab Kumar Purohit, Pharmacist for information and necessary action.
3. Shri Suresh Lama, Security Supervisor, for information and necessary action.
4. Shri Sanjaya Pasayat. University Ambulance Driver for information and necessary action
5. PA to VC for kind information of Hon'ble Vice-Chancellor.

REGISTRAR